Dextrose

Protocols:
1. Adult and Pediatric Seizures
2. Adult and Pediatric Altered Mental Status

Indications:
1. Hypoglycemia
2. Altered mental status in the absence of a glucometer

Contraindications:
None

Concentration:
1. Dextrose 10% 25 gm in 250 ml
2. Dextrose 12.5% (for patients up to 2 months of age)
   a. Created by expelling 37.5 ml from Dextrose 50% 50 ml syringe and drawing up 37.5 ml of NS
   b. Creates 6.25 gm/ 50 ml concentration of 12.5%
3. Dextrose 25% (for patients between 2 months and 6 years of age)
   a. Created by expelling 25 ml from Dextrose 50% 50 ml syringe and drawing up 25 ml of NS
   b. Creates 12.5 gm/50 ml concentration of 25%
4. Dextrose 50% (prefilled syringe of 25 gm in 50 ml)

Dosing (ensure patent IV):
1. Pediatric (weight based)
   a. 3-5 kg, Dextrose 12.5%, dose: 2.5g, Volume: 20mL or Dextrose 10%, 25 ml
   b. 6-7 kg, Dextrose 25%, dose: 3.25g, volume 13 mL or Dextrose 10%, 33 ml
   c. 8-9 kg, Dextrose 25%, dose: 4.25g, volume 17 mL or Dextrose 10%, 43 ml
   d. 10-11 kg, Dextrose 25%, dose: 5g, volume 20 mL or Dextrose 10%, 50 ml
   e. 12-14 kg, Dextrose 25%, dose 6.25g, volume 25 mL or Dextrose 10%, 63 ml
   f. 15-18 kg, Dextrose 25%, dose 8 g, volume 32 mL or Dextrose 10%, 80ml
   g. 19-23 kg, Dextrose 25%, dose 10g, volume 40 mL or Dextrose 10%, 100 ml
   h. 24-29 kg, Dextrose 50%, dose 12.5g, volume 25 mL or Dextrose 10%, 125 ml
   i. 30-36 kg, Dextrose 50%, dose 15g, volume 30 mL or Dextrose 10%, 150 ml
2. Adult
   a. Dextrose 50%, 25 gm, 50 ml
   b. Dextrose 10%, 25 gm, 250 ml

Incompatibilities/Drug Interactions:
1. Sodium bicarbonate
2. Diazepam will precipitate if given concurrently without flushing