

*Michigan* **MEDICATION SECTION** MAGNESIUM SULFATE

Initial Date: 07/19/2023 Revised Date:

# Magnesium Sulfate

Pharmacological Category: Antiseizure Agent, Electrolyte Supplement

#### Indications:

- 1. Cardiac: Torsades de Pointes
- 2. VF/VT in hypomagnesemia
- 3. Pre-eclampsia
- 4. Eclamptic seizures
- 5. Refractory status asthmaticus

#### Precautions:

1. Magnesium Sulfate is diluted for applications in these protocols

#### Expected effects:

- 1. Seizure cessation
- 2. Decreased respiratory distress

#### Side effects:

- 1. Respiratory depression
- 2. Hypotension
- 3. Asystole
- 4. Burning in IV site for conscious patients

## Best Practice for Administering Magnesium Sulfate

1. Magnesium Sulfate dose added to 100 to 250 mL of NS and infusing over approximately 10 minutes.

#### Notes:

- 1. Magnesium Sulfate for Preeclampsia/Eclampsia can be administered prior, during, or up to 6 weeks post childbirth.
- 2. The dosing for preeclampsia and eclampsia are both 4 gm (see treatment protocol for pre/post radio requirements).

## Dosing: ADULT RESPIRATORY DISTRESS

Indication: Status asthmaticus <u>Adults</u> administer:

1. Magnesium Sulfate 2 gm slow IV (preferably added to 100-200 mL NS bag over 10 minutes).

# **Dosing: ADULT SEIZURES**

Indication: Eclamptic seizure <u>Adults</u> administer:



#### Michigan MEDICATION SECTION MAGNESIUM SULFATE

Initial Date: 07/19/2023 Revised Date:

1. Magnesium Sulfate 4 gm over 10 minutes IV/IO until seizure stops (preferably added to 100-200 mL NS bag over 10 minutes).

# **Dosing: CHILDBIRTH & RELATED OBSTETRICAL EMERGENCIES**

Indication: Preeclampsia or Eclamptic Seizure Adults administer:

1. Magnesium Sulfate 4 gm over 10 minutes IV/IO until seizure stops (preferably added to 100-200 mL NS bag over 10 minutes).

# **Dosing: ADULT CARDIAC ARREST**

Indications: Suspected torsades de pointes <u>Adults</u> administer:

1. Magnesium Sulfate 2 gm IV/IO

<u>Used in the Following Protocols</u>: Respiratory Distress (Section 3 Adult Treatment) Seizures (Section 3 Adult Treatment) Childbirth and Obstetrical Emergencies (Section 4 Obstetrics and Pediatrics) General Cardiac Arrest (Section 5 Adult Cardiac)