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Section: 3-8

Adult Fever

This protocol is intended to assist EMS providers in reducing fever in the adult patient (> 14 years of age) prior to arrival to the emergency department. **Fever is defined as a temperature of 100.4 degrees Fahrenheit (38 degrees Celsius) or greater.** Emergency management of the febrile adult involves an assessment to determine if any associated problems are present which may require emergency treatment.

1. Follow **General Pre-hospital Care-Treatment Protocol**.
2. Assess for sepsis and treat according to **Sepsis–Treatment Protocol** if applicable.
3. Obtain baseline temperature and document method used.
4. Facilitate passive cooling by removing excess clothing and blankets.
5.  If patient has not received antipyretic in the last four (4) hours, is alert, and is able to swallow, administer antipyretic according to MCA selection.

MCA Antipyretic Selection
(Must select at least one)

- ☐ **Ibuprofen** 400 mg PO
Do NOT use in pregnant patients
- ☐ **Acetaminophen** 650 mg PO



6. Dosing questions should be directed to online medical control.

Medication Protocols
Acetaminophen, Ibuprofen